

PRESS RELEASE

For Release: Immediately

Bryden Stokes Ltd. dives in with Olympics 2020 swimming hopeful – Danielle Titus

Bridgetown, Barbados, June 22, 2016. Bryden Stokes Ltd., one of Barbados' leading distribution companies, has taken the plunge with 13-year-old swimming sensation, Danielle Titus, as she prepares to represent Barbados at the XX1 Caribbean Islands Swimming Championships in the Bahamas later this month.

Bryden Stokes is sponsoring Danielle's participation in the championships, which run from June 29 to July 5, through the Barbados Amateur Swimming Association (BASA). The championships form part of Danielle's rigourous training plan for the next several years as she pursues her dream to represent Barbados at the 2020 Olympics in Tokyo, Japan.

In a presentation yesterday at Bryden Stokes in Barbarees Hill, St. Michael, Danielle, who was accompanied by her parents, Andrea and Neil Titus, received a sponsorship package and words of encouragement from the Bryden Stokes team.

Chief Executive Officer, Geoffrey Evelyn said that the company was delighted to support Danielle. "We've watched Danielle's progress over the years and are excited for what the future holds for this young swimming sensation. Bryden Stokes is pleased to contribute to Danielle's tenacious Olympic dream as we support the development of young talent. We realise that developing champions — whether in sport or business - doesn't happen overnight but is a process requiring sacrifice, determination and steadfastness."

Andrea Titus, Danielle's mother, described her daughter as "unassuming (yet) determined and highly competitive." She added that "Danielle, has over the past few years taken the swimming fraternity by storm. We deeply believe in and 100% support her Olympic Dream. She continues to make us proud and we believe she'll continue to excel and make Barbados proud at the Bahamas meets and future championships."

Earlier this year at the CARIFTA Swimming Championships in Martinique, Danielle faced stiff competition to tally four gold and three silver individual medals along with one relay silver and three relay bronze medals. In the process she broke the national age group record for the 50 back and the CARIFTA and national age group records in the 100 back and 200 back events. Her 100 back swim was a new Women's Open record.

Danielle is due to leave for the Bahamas with the rest of the team, comprising 27 swimmers and five officials, this Sunday, June 26.

Bryden Stokes Ltd. is a member of the ANSA McAL (Barbados) Ltd. group of companies.



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Captions:

28 – CEO of Bryden Stokes Ltd., Geoffrey Evelyn presents swimmer Danielle Titus with the Syntrax line of whey protein products as part of a sponsorship package from Bryden Stokes.

30 – (From left) Swimmer, Danielle Titus; her father, Neil; and Divisional Manager, Health and Wellness, Bryden Stokes Ltd., Michael Marshall, examine the Syntrax line of whey protein products.

32 & 33 – Bryden Stokes Ltd. has sponsored swimmer and 2020 Olympic hopeful, Danielle Titus (centre) as she readies to leave for the XX1 Caribbean Islands Swimming Championships from June 29 to July 5. Here Danielle chats with (from left) her mother, Andrea Titus; Bryden Stokes CEO, Geoffrey Evelyn; her father, Neil Titus; and Bryden Stokes Divisional Manager, Health and Wellness Division, Michael Marshall.

About ANSA McAL (Barbados) Ltd.

ANSA McAL (Barbados) Ltd. operates several subsidiaries in Barbados including Bryden Stokes Ltd., Trimart Inc., Consolidated Finance Co. Limited, Standard Distribution & Sales (Barbados) Ltd., Brydens Insurance, and McEnearney Quality Inc.

The Group employs over 900 persons and is part of ANSA McAL Limited, a diversified public conglomerate listed on the Trinidad and Tobago Stock Exchange. Its business operations span the manufacturing, brewing, insurance, finance, real estate, media, shipping, trading/distribution, automotive and industrial equipment retailing sectors.